

A Typical Day in Infants

- 6:30-7:30 Arrivals/Greetings
- 7:30-8:00 Breakfast
- 8:00-8:30 Bible, stories, songs
- 8:30-9:30 Large muscle, snack, floor activities, naps
- 9:30-10:00 Art, Sensory
- 10:00-11:00 Small muscle, social emotional activities, naps
- 11:00-12:00 Lunch, story time, floor activities
- 12:00-2:00 One on One, cognitive activities, social emotional activities, naps
- 2:00-3:00 Floor activities, books, snack
- 3:00-4:00 Small muscle, outdoor walks (weather permitting), naps
- 4:00-5:30 Books, floor activities
- 5:30-6:00 Large muscle, goodbyes

*Diaper changes are done at least 1time every 2 hours and as needed for each child.

*American Sign Language and Spanish are taught/used throughout the entire day

*Infants follow their individual sleeping and feeding schedule throughout the day, the above times are just a generalization.