

# A Typical Day in Toddlers

- 6:30-7:30 Welcoming centers
- 7:30-8:00 Breakfast
- 8:00-8:30 Choice play and morning exercises/stretches
- 8:30-9:30 Bible time, music and movement
- 9:30-10:30 Snack, outside play (weather permitting) or large muscle room,
- 10:30-11:30 Circle time, art, science, sensory and teacher directed activities,
- 11:30-12:30 Lunch, story time, choice play
- 12:30-3:00 Nap time, quiet activities: books, puzzles, free art
- 3:00-4:00 Snack, circle time review, free art,
- 4:00-5:00 Outside play (weather permitting) or large muscle room, story time
- 5:00-6:00 Wrap up centers

- Self Help worked on throughout the day includes: Cleaning up our toys, getting dressed for outdoors, and hand washing.
- Diapering and potty times are 4-5 times per day and as needed or requested.
- Circle time consists of: calendar, ABC's, counting, colors, shapes, weather, days of week, months, songs
- American Sign Language and Spanish are taught/used throughout the entire day.