





# Theme: Kindness & Caring

# INFANT LESSON PLAN

Month: February



Art and Sensory	Large Muscle/Outdoors	Books and Stories	Language	From School to Home
<p>Heart collage Pink Fluff Hearts Heart stamping Make valentines Hearts &amp; hands Lincoln's hat Cherry tree Groundhog puppet Dirt cake Flags Love bug Cupid Heart cookies Candy hearts Rose Lips Box of chocolates Red, pink &amp; white coloring Bow and arrow</p>	<p><b>0-5 months</b> Baby sit-ups-balance, change position Rock the baby-balance, upper body Stretches-change positions I can move-muscle coordination</p> <p><b>5-9 months</b> Ball balance-balance, upper body Pushing game (crawling)-move body Climb over boppies-move body Sit by self-stability Sit n' dance-coordination</p> <p><b>9-12 months</b> Ride bike-balance,body movement Crawl through tunnel-move w/purpose Move it-coordination Dance w/me-coordination, move w/purpose Elephant walk-balance, coordination Ring around the rosy-coordination</p> <p><b>12-16 months</b> Ride bike-balance,body movement Climb slide-move w/purpose Move it-coordination Dance w/me-coordination, move w/purpose Ring around the rosy-coordination Baby soccer-control/coordination</p>	<p>Shadows everywhere *make shadow puppets Can I Have a Hug *hug friends Happy Valentines Day, Mouse I'm a Little Teapot *dance like tea pot Love and Kisses *blow kisses My Fuzzy Valentine Forever Friends *sign friend Baby Bear, Baby Bear *read w/ animals Story of Valentines Day Snuggle Puppy *dance w/ puppy Lets be Helpful Lets be Kind Kiss Kiss Lets be Polite Lets be Honest</p>	<p><b>0-5 months</b> Babble with baby Baby's name Look at books and point out pictures</p>  <p><b>5-9 months</b> Point &amp; name objects My name/your name Chat with puppets</p> <p><b>9-12 months</b> Point &amp; name objects Friends' name Chat with animals</p> <p><b>12-16 months</b> Name and find objects Friends' name Chat with baby dolls</p>	<p><b>0-5 months</b> Open and close fist Grasp objects Tummy time Rolling over</p> <p><b>5-9 months</b> Wave bye Crawling Sitting up Sign language</p> <p><b>9-12 months</b> Blow kisses Walk with help Climbing Sign language</p> <p><b>12-16 months</b> Walking Climbing Sign language First words</p>

Cognitive	Social/ Emotional	Small Muscle	Exploration	 <b>Music</b>
<p><b>0-5 months</b>  Pom pom play-visual tracking  Sound spots-attention to sound/sight  Peek-a-boo - object permanence  Open &amp; shut-cause/effect  Funny faces-Observe gestures  Texture touch-explore objects</p>	<p><b>0-5 months</b>  Facial expressions-build relationships  Mirror time-self awareness  Toe tickle-build relationships  Baby massage-self regulation  Cuddle with book</p>	<p><b>0-5 months</b>  Hold Heart-contact w/object  Rippling ribbons-eye/hand coordination  Swat the bear-eye/hand coordination  Kick it up-Coordination  Hold red playdough-contact w/object</p>	<p><b>0-5 months</b>  Heart balloon  Hearts in a bucket  Sensory bag</p>	<p>Songs we'll sing:  Jesus Loves Me  I'm a Little Teapot  My Little Heart  I've got the Joy  5 Little Monkeys  *hand monkeys to friends  5 Little Ducks  *hand ducks to friends</p>
<p><b>5-9 months</b>  Surprise inside-acquire &amp; process info  Shake it up-explore sense of hearing  Peek-a-boo - object permanence  One baby, two baby-number concept  Texture touch - explore objects</p>	<p><b>5-9 months</b>  Baby chase-trust/social interaction  Blow kisses-social interaction  Pat-a-cake - build relationship  Cuddle w/book-social interaction  Baby Yoga: Deep breaths -soothe self</p>	<p><b>5-9 months</b>  Pick up heart-contact/coordination  Switch hands-eye/hand coordination  Red playdough squish-muscle control  Stop the top-eye/hand coordination  Pull the bear-hand/eye coordination</p>	<p><b>5-9 months</b>  Heart balloon  Hearts in bucket  Sensory bag</p>	<p>5 Green &amp; Speckled Frogs  *hand frogs to friends</p>
<p><b>9-12 months</b>  Surprise inside-acquire &amp; process info  Shake it up - explore sense of hearing  Find the bear-object permanence  Stacking rings-problem solving  One baby, two baby-number concept  Can you smell that-sense of smell</p>	<p><b>9-12 months</b>  Baby chase-trust/social interaction  Monkey see - imitation  Blow kisses-social interaction  Pat-a-cake - build relationship  Baby Yoga:Tense &amp; release-self soothe  Lullaby baby-roles &amp; relationships</p>	<p><b>9-12 months</b>  Drop heart in bucket-Coordination  Pick up puzzle pieces-Coordination  Dump bucket-muscle control  Touch cookie cutter to playdoug-control  Finger play-muscle control  Turn book pages-muscle control</p>	<p><b>9-12 months</b>  Heart balloon  Hearts in a bucket  Sensory bag</p>	
<p><b>12-16 months</b>  Hide &amp; find bear-object permanence  Bear hunt-explore objects/textures  Shadow puppets-creative/Imagination  Count crackers-number concept  Stacking rings-problem solving  Can you smell that-sense of smell</p>	<p><b>12-16 months</b>  Monkey see -imitation  Blow kisses-social interaction  Silly faces-imitation  Hug friend-connect to others  Baby Yoga:tense &amp; release-self soothe  Share a toy - social skills</p>	<p><b>12-16 months</b>  Drop heart in bucket-control/coord.  Put pieces in puzzle-muscle control  Pour/transfer objects-muscle control  Press cookie cutter into playdough  Finger Puppet play-muscle coord.  Turn book pages-muscle control</p>	<p><b>12-16 months</b>  Heart balloon  Hearts in a bucket  Sensory bag</p>	



## Bible

This month we will learn about how Jesus helps sick people

Luke 5:17-26

**Week 1:** Jesus helps sick people

\*Activity: comfort a sick baby doll

**Week 2:** Jesus helps sick people because

he loves them

\*Activity: Pass a heart to a friend

**Week 3:** Jesus helps sick people and we can too

\*Activity: sing a song about how Jesus helps sick people

**Week 4:** We are thankful that Jesus helps sick people

\* Activity: put bandages on teddy bears

**Week 5:**



## Special Notes

To help us celebrate Valentines day we are having a Sweetheart Breakfast on Tuesday, February 14 at 7:30 a.m. in the Fellowship Hall. We will also be having an all-school Valentines party at 9:30 in the Fellowship Hall. We hope you can join us for one or both of these events.

The Infants will also have a Valentine exchange. We will be handing out a class list.

## American Sign Language and Spanish

Happy (feliz)

Sad (triste)

Me (me)

You (tu)

White (blanco)

Mine

Yours

Pink (rosado)

Shoes

Socks